

ENGAGED WITH OVER **240** ORGANISATIONS, and talked with stakeholders and community members across SA to promote mental health literacy and seek their expertise for our projects

21 SUBMISSIONS TO STATE & FEDERAL INQUIRIES

MEMBER OF **17** STATE AND NATIONAL WORKING GROUPS OR COMMITTEES



Let's tackle mental health issues in sport!
Mental Wellbeing in Sport
Friday 28 June 2019 Morphettville Racecourse



804 facebook livestream views
200 people representing 125 sporting clubs/orgs & 43 different sports



SA Mental Health Commission Year in Review 2019

Implementing the SA Mental Health Strategic Plan 2017-2022

22

PROJECTS COMPLETED OR UNDERWAY and more coming!



Improving Mental Health Literacy



Strengthening and supporting lived-experience leadership



Mental Health Services Plan 2020-2025

ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE
Partnering with Aboriginal and Torres Strait Islander People to inform and guide the work of the SA Mental Health Commission

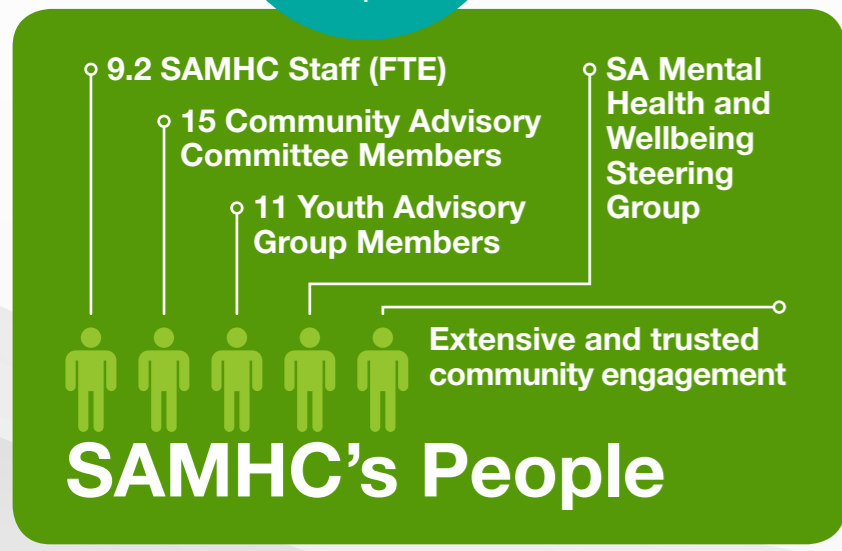
LIVED EXPERIENCE
■ A best-practice guide on how and why to engage in co-design
■ Co-sponsor Lived Experience Leadership & Advocacy Network (LELAN) suicide prevention video project

SUICIDE PREVENTION
Working with the Prime Minister's Adviser on Suicide Prevention to **TRY TO REDUCE SUICIDE TO zero!**

IDEAS IN ACTION
2020 MID-CYCLE REVIEW OF THE SA MENTAL HEALTH STRATEGIC PLAN 2017-2022
New SA Mental Health Commissioners will engage with the South Australian community about the implementation of the Plan so far and how the SAMHC can continue strengthening our state's mental health

SAMHC & EQUALLY WELL TACKLE INEQUITY
Australians living with severe mental ill-health are likely to die up to 20 years earlier than general population

PRODUCTIVITY COMMISSION
SAMHC's submission on the Productivity Commission's Draft Report into Mental Health and a joint submission with national, state & territory commissions



Media

11 Print Articles	14 Blog Posts	10 eNewsletters
14 Radio Interviews	44,145 Web Page Views	1,523 Email Subscribers
4 TV Interviews	4 Media Releases	908,900+ Social Media Reach

10 Community Advisory Committee Meetings
9 Youth Advisory Group Meetings
2 CAC & YAG Combined Meetings